* **CIRRICULUM VITAE**

**KELLY MCLAREN, B.A., B.Sc., P.T.**

**Registered Physiotherapist**

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**AREAS OF EXPERTISE:**

* Orthopaedic
* Motor Vehicle Accident
* Physiotherapy, Acupuncture
* Chronic Pain
* **ADDITIONAL SKILLS:**
* CPR & First Aid Training
* WHIMIS Training
* Computer Skills: Microsoft Programs, Email, Internet
* **WORK EXPERIENCE:**
* **Northshore Health Associates**

*Registered Physiotherapist/owner* September 2010-present

Private outpatient clinic

* **Wilson Health Services**

*Registered Physiotherapist* May 2006-August 2010

Private outpatient clinic

* **Sibley & Associates Inc.**

*Registered Physiotherapist* May 2006-May 2008

Consultant

* **Simcoe Physiotherapy Centre, Simcoe, Ontario**

*Registered Physiotherapist* June 2002 to Present

Private outpatient clinic

* **Norfolk General Hospital, Simcoe, Ontario**

*Registered Physiotherapist* June 2002 to Present

Inpatient variety

Worker’s Community Clinic-Majority of patients seek treatment for work related injuries

OHIP clinic

* **The University of Western Ontario, London, Ontario**

*Research Assistant/*

*Occupational Therapy Department* Sept 1996 to Jan 2002

Assisted faculty members with literature searches

Revised documents, entered data, assisted faculty in preparing for lectures, meetings, etc.

Attended mentor meetings at local hospitals with the Fieldwork co-ordinator to maintain communication between the members

**CLINICAL PLACEMENTS:**

* **London Health Sciences, University Campus, London, Ontario**
* **London Health Sciences, University Campus, London, Ontario**
* *Student Physical Therapist* Mar to Apr 2002

Treated patients in the Intensive Care Unit

* **Accident Injury Management Clinic, London, Ontario**

*Student Physical Therapist* Feb to Mar 2002

Treated patients utilizing a multidisciplinary approach incorporating chiropractor, massage and acupuncture

The majority of patient was involved in motor vehicle accidents

* **Norfolk General Hospital, Simcoe, Ontario**

*Student Physical Therapist* Jan to Feb 2002

Inpatient variety

* **CPRI, London, Ontario**

*Student Physical Therapist* Jun to July 2001

Provided physical therapy to developmentally disabled children

Assessed and modified seating and adaptive equipment for the patients

* **West Street Physiotherapy, Simcoe, Ontario**

*Student Physical Therapist* May to Jun 2001

Private orthopaedic clinic – MVA, private and WSIB patients

* **Fowler Kennedy Clinic, London, Ontario**

*Volunteer Student Physical Therapist* Sept to Dec 2001

Outpatient orthopaedics

* **Scatcherd Children’s Centre, London, Ontario**

*Student Physical Therapist* Jul to Aug 2000

* **Simcoe Physiotherapy Centre, Simcoe, Ontario**

*Volunteer* 1998 to 1999

Private outpatient clinic

* **St. Joseph’s Hospital, London, Ontario**

*Volunteer in Long Term Care* 1997 to 1998

Planned crafts and programs for the patients who attended the activity room

**EDUCATION**

* Bachelor of Science in Physical Therapy, Bachelor of Arts in Psychology, The University of Western Ontario, 1995-2002
* Recipient of the London Health Sciences Clinical Award, Physical Therapy, The University of Western Ontario
* **ONGOING PROFESSIONAL DEVELOPMENT**
* Acupuncture Foundation of Canada Institute Level 1, Level 2a, 3a
* Acupuncture Foundation Exam
* McKenzie levels A and B
* Training on Vestibular problems
* PGAP and ARCON certified
* CPA Orthopaedic Division Level 1
* Mulligan Courses: Upper and Lower quadrants
* NOI Course: Mobilisation of the Nervous System
* NOI Course: Explain Pain
* Several Orthopaedic Courses Through APTEI:

-Cervical Neural Tissue Pathodynamics Part 1

-The Hip Joint Complex Part 1

-The TMJ Part 1

-Cervical Headaches Part 1

-The SI Joint and Pelvis Complex Part 1 and 2

-The Shoulder Complex Part 1

-The Knee Part 1 (training in custom orthotics)

-The Lumbar Spine Part 1-muscular control retraining

-The Lumbar Spine Part 1-mobilizations and manipulations

-The Thoracic Spine Part 1 and 2

-Chronic Pain Part 1 and 2

-Therapeutic Taping

-When a Back Goes Out Where Does It Really Go?

* **COMMUNITY & PROFESSIONAL AFFILIATIONS**

Canadian Physiotherapy Association (CPA)

Member of a Fitness Club